



Game Suggestions



Duck Duck Goose with a Buddy: This game can be played traditionally, with modifications. Pair two students with and without disabilities. One child can walk slowly and tap the participants heads while the other runs back to their shared spot. For the pairs chasing, instead of running after the first pair, have them hop or tip-toe to catch them.

Squeeze Electric Line: Form a circle with students and have them hold hands. Instruct one student to start the “electricity” by gently squeezing their friend’s hands. Once they feel a squeeze, they pass the “electricity” to the next person. This game is a quiet level game.

Chalk Obstacle Course: Use chalk to create an obstacle course that suits the skills of your students.

- Draw a spiral and have them follow the line
- Draw stars and have them touch each star
- Draw a zig zag for them to follow
- Draw lily pads and have them hop to each pad
- Draw large bubbles and have them stomp or pop them with their feet
- Draw a hopscotch design and show them how to jump in each square either with one or both feet.

